



6. Escha Nordicday

58553 Halver, Waldfreibad Herpine / 07.05.2011

Detailed evaluation

nolte,baerbel

Club: Turbo-Schnecken Lüdenscheid e. V.
Number: 2056

Course: 18.00 km

Nordic Walking

Total time: 3:13:46

Speed: 5.57 km/h

metres in height up: 640

Course score: 27.60

performance score: 157 Points