



6. Escha Nordicday

58553 Halver, Waldfreibad Herpine / 07.05.2011

Detailed evaluation

Riebe,Manfred

Club: DJK Preußen 1911 Bochum e.V.

Number: 2009

Course: 18.00 km

Walking

Total time: 2:44:48

Speed: 6.55 km/h

metres in height up: 640

Course score: 27.60

performance score: 185 Points