



6. Escha Nordicday

58553 Halver, Waldfreibad Herpine / 07.05.2011

Detailed evaluation

Rückriem, Sandra

Club: DJK Preußen 1911 Bochum e.V.

Number: 7031

Course: 7.25 km

Walking

Total time:

Speed: 6.76 km/h

metres in height up: 269

Course score: 11.04

performance score: 73 Points