



6. Escha Nordicday

58553 Halver, Waldfreibad Herpine / 07.05.2011

Detailed evaluation

seiffert,bernd

Club: wt-soest

Number: 2029

Course: 18.00 km

Nordic Walking

Total time: 2:50:41

Speed: 6.33 km/h

metres in height up: 640

Course score: 27.60

performance score: 179 Points