



6. Escha Nordicday

58553 Halver, Waldfreibad Herpine / 07.05.2011

Detailed evaluation

Seippel, Gertrud

Club: Turbo-Schnecken Lüdenscheid e. V.
Number: 1077

Course: 13.00 km

Walking

Total time: 2:00:54

Speed: 6.45 km/h

metres in height up: 414

Course score: 19.21

performance score: 126 Points