



6. Escha Nordicday

58553 Halver, Waldfreibad Herpine / 07.05.2011

Detailed evaluation

Siebener, Heinz Jürgen

Club: TSG 1856 Mülheim

Number: 7007

Course: 7.25 km

Walking

Total time:

Speed: 5.32 km/h

metres in height up: 269

Course score: 11.04

performance score: 58 Points