



6. Escha Nordicday

58553 Halver, Waldfreibad Herpine / 07.05.2011

Detailed evaluation

Birk,Brigitte

Club: LuW Weddinghofen

Number: 1059

Course: 13.00 km

Nordic Walking

Total time:

Speed: 7.38 km/h

metres in height up: 414

Course score: 19.21

performance score: 144 Points