



6. Escha Nordicday

58553 Halver, Waldfreibad Herpine / 07.05.2011

Detailed evaluation

Ahrendt, Kirstin

Club: Laufteam Gescher

Number: 1045

Course: 13.00 km

Walking

Total time:

Speed: 6.61 km/h

metres in height up: 414

Course score: 19.21

performance score: 129 Points