



6. Escha Nordicday

58553 Halver, Waldfreibad Herpine / 07.05.2011

Detailed evaluation

Vierhaus,Udo

Club: Team 4haus

Number: 7011

Course: 7.25 km

Nordic Walking

Total time:

Speed: 8.10 km/h

metres in height up: 269

Course score: 11.04

performance score: 88 Points