



6. Escha Nordicday

58553 Halver, Waldfreibad Herpine / 07.05.2011

Detailed evaluation

Cordes, Birgit

Club: Laufteam Gescher

Number: 7032

Course: 7.25 km

Walking

Total time:

Speed: 7.67 km/h

metres in height up: 269

Course score: 11.04

performance score: 81 Points