



6. Escha Nordicday

58553 Halver, Waldfreibad Herpine / 07.05.2011

Detailed evaluation

Galda, Torsten

Club: LSF-Unna-2000

Number: 1014

Course: 13.00 km

Walking

Total time:

Speed: 6.71 km/h

metres in height up: 414

Course score: 19.21

performance score: 131 Points