



6. Escha Nordicday

58553 Halver, Waldfreibad Herpine / 07.05.2011

Detailed evaluation

groll,frank

Club: wt-soest

Number: 2030

Course: 18.00 km

Nordic Walking

Total time: 2:13:09

Speed: 8.11 km/h

metres in height up: 640

Course score: 27.60

performance score: 230 Points