



6. Escha Nordicday

58553 Halver, Waldfreibad Herpine / 07.05.2011

Detailed evaluation

Hamann,Helfried

Number: 1083

Course: 13.00 km

Nordic Walking

Total time:

Speed: 7.14 km/h

metres in height up: 414

Course score: 19.21

performance score: 140 Points