



6. Escha Nordicday

58553 Halver, Waldfreibad Herpine / 07.05.2011

Detailed evaluation

Heckmann,Dagmar

Club: LSF-Unna-2000

Number: 2043

Course: 18.00 km

Walking

Total time: 2:33:00

Speed: 7.06 km/h

metres in height up: 640

Course score: 27.60

performance score: 200 Points