



6. Escha Nordicday

58553 Halver, Waldfreibad Herpine / 07.05.2011

Detailed evaluation

Heins, Helga

Club: Stadt Bochum Walking-Team

Number: 1049

Course: 13.00 km

Walking

Total time:

Speed: 6.89 km/h

metres in height up: 414

Course score: 19.21

performance score: 135 Points