



18. Gothaer Citylauf  
Gotha / 08.05.2011

Detailed evaluation

Jaeger, Frank

Club: SV Sömmerda e.V. / Spröttau  
Number: 123

Course: 10.00 km  
City-Lauf

Category:  
Männer M45

Total time: 40:57

Speed: 14.65 km/h  
Running performance: 4:06 min/km

Rank in course/Total: 19 (of 247)

Rank in course/Men: 18 (of 202)

Best time in course: 32:35

Rank in category: 2(of 51)

Best time in the category: 40:31