



18. Gothaer Citylauf
Gotha / 08.05.2011

Detailed evaluation

Münch, Heiko

Club: Sc Impuls Erfurt
Number: 2384

Course: 10.00 km
City-Lauf

Category:
Männer M45

Total time: 43:09

Speed: 13.90 km/h
Running performance: 4:19 min/km

Rank in course/Total: 36 (of 247)

Rank in course/Men: 35 (of 202)

Best time in course: 32:35

Rank in category: 6(of 51)

Best time in the category: 40:31