



18. Gothaer Citylauf
Gotha / 08.05.2011

Detailed evaluation

Beck, Ronald

Number: 30

Course: 10.00 km
City-Lauf

Category:
Männer M45

Total time: 45:41

Speed: 13.13 km/h

Running performance: 4:34 min/km

Rank in course/Total: 47 (of 247)

Rank in course/Men: 46 (of 202)

Best time in course: 32:35

Rank in category: 12(of 51)

Best time in the category: 40:31