



18. Gothaer Citylauf  
Gotha / 08.05.2011

Detailed evaluation

Menger, Mike

Club: gotha  
Number: 149

Course: 10.00 km  
City-Lauf

Category:  
Männer M45

Total time: 48:49

Speed: 12.29 km/h  
Running performance: 4:53 min/km

Rank in course/Total: 84 (of 247)

Rank in course/Men: 79 (of 202)

Best time in course: 32:35

Rank in category: 22(of 51)

Best time in the category: 40:31