



18. Gothaer Citylauf
Gotha / 08.05.2011

Detailed evaluation

Heise, Ralf

Club: SC Impuls Erfurt
Number: 117

Course: 10.00 km
City-Lauf

Category:
Männer M35

Total time: 52:03

Speed: 11.53 km/h
Running performance: 5:12 min/km

Rank in course/Total: 125 (of 247)

Rank in course/Men: 117 (of 202)

Best time in course: 32:35

Rank in category: 10(of 14)

Best time in the category: 40:19