



18. Gothaer Citylauf
Gotha / 08.05.2011

Detailed evaluation

Lier, Gerd

Club: Gü-We Läufer
Number: 50

Course: 10.00 km
City-Lauf

Category:
Männer M45

Total time: 52:14

Speed: 11.49 km/h
Running performance: 5:13 min/km

Rank in course/Total: 126 (of 247)

Rank in course/Men: 118 (of 202)

Best time in course: 32:35

Rank in category: 30(of 51)

Best time in the category: 40:31