



18. Gothaer Citylauf  
Gotha / 08.05.2011

Detailed evaluation

Hölzer, Heiko

Club: Gotha  
Number: 48

Course: 10.00 km  
City-Lauf

Category:  
Männer M35

Total time: 53:03

Speed: 11.31 km/h  
Running performance: 5:18 min/km

Rank in course/Total: 137 (of 247)

Rank in course/Men: 129 (of 202)

Best time in course: 32:35

Rank in category: 11(of 14)

Best time in the category: 40:19