



18. Gothaer Citylauf  
Gotha / 08.05.2011

Detailed evaluation

Lauterbach, Ulrich

Club: Erfurt  
Number: 136

Course: 10.00 km  
City-Lauf

Category:  
Männer M45

Total time: 55:52

Speed: 10.74 km/h  
Running performance: 5:35 min/km

Rank in course/Total: 170 (of 247)

Rank in course/Men: 154 (of 202)

Best time in course: 32:35

Rank in category: 41(of 51)

Best time in the category: 40:31