



18. Gothaer Citylauf
Gotha / 08.05.2011

Detailed evaluation

Stephan, Michael

Club: FSV 1986 Bad Langensalza e.V.
Number: 164

Course: 10.00 km
City-Lauf

Category:
Männer M45

Total time: 55:53

Speed: 10.74 km/h
Running performance: 5:35 min/km

Rank in course/Total: 171 (of 247)

Rank in course/Men: 155 (of 202)

Best time in course: 32:35

Rank in category: 42(of 51)

Best time in the category: 40:31