



18. Gothaer Citylauf  
Gotha / 08.05.2011

Detailed evaluation

Haferanke, Manfred

Club: Lauffreunde Gotha  
Number: 114

Course: 10.00 km  
City-Lauf

Category:  
Männer M60

Total time: 56:24

Speed: 10.64 km/h  
Running performance: 5:38 min/km

Rank in course/Total: 177 (of 247)

Rank in course/Men: 160 (of 202)

Best time in course: 32:35

Rank in category: 7(of 10)

Best time in the category: 45:59