



18. Gothaer Citylauf
Gotha / 08.05.2011

Detailed evaluation

Henkel, Uwe

Club: SV Thuringia Königsee
Number: 71

Course: 10.00 km
City-Lauf

Category:
Männer M55

Total time: 56:47

Speed: 10.57 km/h
Running performance: 5:41 min/km

Rank in course/Total: 184 (of 247)

Rank in course/Men: 164 (of 202)

Best time in course: 32:35

Rank in category: 8(of 11)

Best time in the category: 41:00