



18. Gothaer Citylauf
Gotha / 08.05.2011

Detailed evaluation

Nußbaum, Bernd

Club: Lauffreunde Gotha
Number: 21

Course: 10.00 km
City-Lauf

Category:
Männer M45

Total time: 57:24

Speed: 10.45 km/h
Running performance: 5:44 min/km

Rank in course/Total: 190 (of 247)

Rank in course/Men: 168 (of 202)

Best time in course: 32:35

Rank in category: 46(of 51)

Best time in the category: 40:31