



18. Gothaer Citylauf
Gotha / 08.05.2011

Detailed evaluation

Dehmel, Gerhard

Club: ThWV Ilmenau

Number: 97

Course: 10.00 km

City-Lauf

Category:

Männer M70

Total time: 1:01:20

Speed: 9.78 km/h

Running performance: 6:08 min/km

Rank in course/Total: 213 (of 247)

Rank in course/Men: 183 (of 202)

Best time in course: 32:35

Rank in category: 5(of 5)

Best time in the category: 45:47