



18. Gothaer Citylauf  
Gotha / 08.05.2011

Detailed evaluation

Zscharnt, Holger

Club: DAV Inselberg  
Number: 179

Course: 10.00 km  
City-Lauf

Category:  
Männer M40

Total time: 1:02:17

Speed: 9.63 km/h  
Running performance: 6:14 min/km

Rank in course/Total: 218 (of 247)

Rank in course/Men: 188 (of 202)

Best time in course: 32:35

Rank in category: 25(of 25)

Best time in the category: 36:16