



18. Gothaer Citylauf
Gotha / 08.05.2011

Detailed evaluation

Heinemann, Silvia

Number: 2335

Course: 10.00 km
City-Lauf

Category:
Frauen W50

Total time: 1:06:14

Speed: 9.06 km/h

Running performance: 6:37 min/km

Rank in course/Total: 226 (of 247)

Rank in course/Women: 34 (of 45)

Best time in course: 39:57

Rank in category: 3(of 4)

Best time in the category: 56:58