



18. Gothaer Citylauf
Gotha / 08.05.2011

Detailed evaluation

Gräfe, Hagen

Club: KSV Kirchheilingen eV
Number: 108

Course: 10.00 km
City-Lauf

Category:
Männer M45

Total time: 1:07:05

Speed: 8.94 km/h
Running performance: 6:43 min/km

Rank in course/Total: 230 (of 247)

Rank in course/Men: 194 (of 202)

Best time in course: 32:35

Rank in category: 51(of 51)

Best time in the category: 40:31