



18. Gothaer Citylauf  
Gotha / 08.05.2011

Detailed evaluation

Ludwig, Carmen

Club: KSV Kirchheilingen eV  
Number: 143

Course: 10.00 km  
City-Lauf

Category:  
Frauen W20

Total time: 1:07:09

Speed: 8.94 km/h  
Running performance: 6:43 min/km

Rank in course/Total: 231 (of 247)

Rank in course/Women: 37 (of 45)

Best time in course: 39:57

Rank in category: 7(of 8)

Best time in the category: 39:57