



18. Gothaer Citylauf  
Gotha / 08.05.2011

Detailed evaluation

Helfgen, Christian

Club: 'SRS "Oststadt Gotha"'  
Number: 2020

Course: 2.30 km  
Schülerlauf lang

Category:  
männlich, AK 14

Total time: 20:14

Speed: 5.93 km/h  
Running performance: 8:48 min/km

Rank in course/Total: 293 (of 309)

Rank in course/Men: 162 (of 174)

Best time in course: 8:55

Rank in category: 25(of 26)

Best time in the category: 9:26