



18. Gothaer Citylauf  
Gotha / 08.05.2011

Detailed evaluation

**Ponomarev, Maxim**

Club: P. A. Hansen Gotha  
Number: 1718

Course: 2.30 km  
Schülerlauf lang

Category:  
männlich, AK 12

Total time: 16:06

Speed: 7.45 km/h  
Running performance: 7:00 min/km

Rank in course/Total: 243 (of 309)

Rank in course/Men: 140 (of 174)

Best time in course: 8:55

Rank in category: 39(of 52)

Best time in the category: 9:32