



18. Gothaer Citylauf  
Gotha / 08.05.2011

Detailed evaluation

Trinkaus, Helena

Club: Evangelische Grundschule  
Number: 1176

Course: 1.00 km  
Schülerlauf mittel

Category:  
weiblich, AK 9

Total time: 4:25

Speed: 13.58 km/h  
Running performance: 4:25 min/km

Rank in course/Total: 89 (of 410)  
Rank in course/Women: 25 (of 206)

Best time in course: 3:46

Rank in category: 9(of 89)  
Best time in the category: 4:04