



# 4. Hohegeißer Bergduathlon

Hohegeiß / 08.05.2011

## Detailed evaluation

**Strothmann, Dirk**

**Total time: 2:04:19**

Club: LC Solbad Ravensberg

Number: 118

Course: 55.00 km

Rank in course/Total: 1 (of 27)

HarzMan 10,0-40,0-5,0

Rank in course/Men: 1 (of 25)

Best time in course: 2:04:19

Category:

Rank in category: 1(of 12)

AK 3 männlich (40-49 Jahre)

Best time in the category: 2:04:19

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	2.50	7:39	3:03	2	0:03	3	0:03	2.50	7:39	3:03	1	-	25	
Lap 2	2.50	8:06	3:14	1	-	2	0:14	5.00	15:45	3:08	1	-	25	
Lap 3	2.50	8:12	3:16	1	-	2	0:01	7.50	23:57	3:11	1	-	25	
Last lap Rad	2.50	8:49	3:31	1	-	1	-	10.00	32:46	3:16	1	-	25	
Lap 1	10.00	0:25	0:02	4	0:05	11	0:05	20.00	33:11	1:39	1	-	25	
Lap 2	10.00	18:17	1:49	1	-	1	-	30.00	51:28	1:42	1	-	25	
Lap 3	10.00	17:56	1:47	1	-	1	-	40.00	1:09:24	1:44	1	-	13	
Lap 4	0.50	18:00	36:00	1	-	1	-	40.50	1:27:24	2:09	1	-	13	
Last lap Rad	10.00	18:34	1:51	1	-	1	-	50.50	1:45:58	2:05	1	-	25	
Lap 1	0.50	0:24	0:48	2	0:01	2	0:01	51.00	1:46:22	2:05	1	-	13	
Lap 2	2.50	9:01	3:36	2	0:02	3	0:26	53.50	1:55:23	2:09	1	-	13	
Last lap Lauf	2.50	8:56	3:34	1	-	2	0:11	55.00	2:04:19	2:15	1	-	1	-