



13. Slusialauf 2011 "Zur Eisernen Hand"

Schleusingen / 08.05.2011

Detailed evaluation

Fleischhauer, Jens

Club: SV Bergdorf Höhn

Number: 369

Course: 15.80 km

Hauptlauf

Category:

Männer M45

Total time: 1:03:15

Speed: 14.23 km/h

Running performance: 4:00 min/km

Rank in course/Total: 3 (of 83)

Rank in course/Men: 3 (of 65)

Best time in course: 1:00:49

Rank in category: 1(of 6)

Best time in the category: 1:03:15