



13. Slusialauf 2011 "Zur Eisernen Hand"

Schleusingen / 08.05.2011

Detailed evaluation

Vater, Christian

Club: Rennsteiglaufverein LG Bärenfang

Number: 377

Course: 15.80 km

Hauptlauf

Category:

Männer M30

Total time: 1:11:27

Speed: 12.60 km/h

Running performance: 4:31 min/km

Rank in course/Total: 9 (of 83)

Rank in course/Men: 9 (of 65)

Best time in course: 1:00:49

Rank in category: 3(of 7)

Best time in the category: 1:00:49