



13. Slusialauf 2011 "Zur Eisernen Hand"

Schleusingen / 08.05.2011

Detailed evaluation

Stärker, Stefan

Club: LG Frauenwald

Number: 311

Course: 15.80 km

Hauptlauf

Category:

Männer M20

Total time: 1:15:17

Speed: 11.95 km/h

Running performance: 4:46 min/km

Rank in course/Total: 15 (of 83)

Rank in course/Men: 14 (of 65)

Best time in course: 1:00:49

Rank in category: 5(of 13)

Best time in the category: 1:06:36