



13. Slusialauf 2011 "Zur Eisernen Hand"

Schleusingen / 08.05.2011

Detailed evaluation

Geißenhöner, Mario

Club: Rennsteiglaufverein

Number: 305

Course: 15.80 km

Hauptlauf

Category:

Männer M40

Total time: 1:20:41

Speed: 11.15 km/h

Running performance: 5:07 min/km

Rank in course/Total: 27 (of 83)

Rank in course/Men: 25 (of 65)

Best time in course: 1:00:49

Rank in category: 3(of 11)

Best time in the category: 1:10:24