



## 13. Slusialauf 2011 "Zur Eisernen Hand"

Schleusingen / 08.05.2011

### Detailed evaluation

**Lehmann, Annette**

Club: Cross Triathlon Friedrichroda

Number: 376

Course: 15.80 km

Hauptlauf

Category:

Frauen W40

Total time: 1:21:18

Speed: 11.07 km/h

Running performance: 5:09 min/km

Rank in course/Total: 28 (of 83)

Rank in course/Women: 3 (of 18)

Best time in course: 1:13:26

Rank in category: 1(of 5)

Best time in the category: 1:21:18