



## 13. Slusialauf 2011 "Zur Eisernen Hand"

Schleusingen / 08.05.2011

### Detailed evaluation

**Baumeyer, Frank**

Club: SV Schleusingen 90

Number: 301

Course: 15.80 km

Hauptlauf

Category:

Männer M45

Total time: 1:23:41

Speed: 10.75 km/h

Running performance: 5:18 min/km

Rank in course/Total: 36 (of 83)

Rank in course/Men: 33 (of 65)

Best time in course: 1:00:49

Rank in category: 4(of 6)

Best time in the category: 1:03:15