



13. Slusialauf 2011 "Zur Eisernen Hand"

Schleusingen / 08.05.2011

Detailed evaluation

Ziegler, Frank

Club: Hinternah

Number: 371

Course: 15.80 km

Hauptlauf

Category:

Männer M35

Total time: 1:23:43

Speed: 10.75 km/h

Running performance: 5:18 min/km

Rank in course/Total: 37 (of 83)

Rank in course/Men: 34 (of 65)

Best time in course: 1:00:49

Rank in category: 7(of 12)

Best time in the category: 1:03:52