



13. Slusialauf 2011 "Zur Eisernen Hand"

Schleusingen / 08.05.2011

Detailed evaluation

Henninger, Manfred

Club: LG Eisfeld

Number: 323

Course: 15.80 km

Hauptlauf

Category:

Männer M60

Total time: 1:24:07

Speed: 10.70 km/h

Running performance: 5:19 min/km

Rank in course/Total: 39 (of 83)

Rank in course/Men: 36 (of 65)

Best time in course: 1:00:49

Rank in category: 2(of 4)

Best time in the category: 1:22:07