



## 13. Slusialauf 2011 "Zur Eisernen Hand"

Schleusingen / 08.05.2011

### Detailed evaluation

**Fritsche, Michael**

Club: Schleusingen

Number: 318

Course: 15.80 km

Hauptlauf

Category:

Männer M40

Total time: 1:26:28

Speed: 10.41 km/h

Running performance: 5:28 min/km

Rank in course/Total: 43 (of 83)

Rank in course/Men: 39 (of 65)

Best time in course: 1:00:49

Rank in category: 8(of 11)

Best time in the category: 1:10:24