



13. Slusialauf 2011 "Zur Eisernen Hand"

Schleusingen / 08.05.2011

Detailed evaluation

Gericke, Steffen

Club: SC Steinbach-Hallenberg

Number: 380

Course: 15.80 km

Hauptlauf

Category:

Männer M45

Total time: 1:29:24

Speed: 10.07 km/h

Running performance: 5:40 min/km

Rank in course/Total: 52 (of 83)

Rank in course/Men: 48 (of 65)

Best time in course: 1:00:49

Rank in category: 6(of 6)

Best time in the category: 1:03:15