



13. Slusialauf 2011 "Zur Eisernen Hand"

Schleusingen / 08.05.2011

Detailed evaluation

Esche, Karsten

Club: LSV Lok Arnstadt

Number: 481

Course: 15.80 km

Nordic Walking

Category:

Männer

Total time: 2:01:00

Speed: 7.44 km/h

Running performance: 7:40 min/km

Rank in course/Total: 1 (of 7)

Rank in course/Men: 1 (of 5)

Best time in course: 2:01:00

Rank in category: 1(of 5)

Best time in the category: 2:01:00