



13. Slusialauf 2011 "Zur Eisernen Hand"

Schleusingen / 08.05.2011

Detailed evaluation

Förster-Strebinger, Manuela

Club: Waldau

Number: 319

Course: 15.80 km

Hauptlauf

Category:

Frauen W30

Total time: 1:32:22

Speed: 9.74 km/h

Running performance: 5:51 min/km

Rank in course/Total: 59 (of 83)

Rank in course/Women: 7 (of 18)

Best time in course: 1:13:26

Rank in category: 2(of 4)

Best time in the category: 1:15:37