



13. Slusialauf 2011 "Zur Eisernen Hand"

Schleusingen / 08.05.2011

Detailed evaluation

Spanaus, Ina

Club: Schleusingen

Number: 310

Course: 15.80 km

Hauptlauf

Category:

Frauen W45

Total time: 1:34:36

Speed: 9.51 km/h

Running performance: 5:59 min/km

Rank in course/Total: 62 (of 83)

Rank in course/Women: 9 (of 18)

Best time in course: 1:13:26

Rank in category: 3(of 4)

Best time in the category: 1:13:26