



## 13. Slusialauf 2011 "Zur Eisernen Hand"

Schleusingen / 08.05.2011

### Detailed evaluation

Los, Angelika

Club: THÜFF

Number: 329

Course: 15.80 km

Hauptlauf

Category:

Frauen W40

Total time: 1:38:51

Speed: 9.10 km/h

Running performance: 6:16 min/km

Rank in course/Total: 68 (of 83)

Rank in course/Women: 11 (of 18)

Best time in course: 1:13:26

Rank in category: 3(of 5)

Best time in the category: 1:21:18